

5 Route 5: Canmore Local Service

Weekday Service

| Stop Location | First Bus | Weekday service every 30 minutes starting at 7:02 a.m. | Weekday service every 60 minutes starting at 10:02 a.m. | Weekday service every 30 minutes starting at 3:02 p.m. | Weekday service every 60 minutes starting at 7:02 p.m. | Last Bus Mon - Wed | Last Bus Thu - Fri |
|---|-----------|--|---|--|--|--------------------|--------------------|
| Downtown Bound (From Cougar Creek) | | | | | | | |
| Benchlands Trail Overpass | 6:02 a.m. | 02, 32 past the hour | 02 past the hour | 02, 32 past the hour | 02 past the hour | 9:02 p.m. | 10:02 p.m. |
| Palliser Trail South | 6:02 a.m. | 02, 32 past the hour | 02 past the hour | 02, 32 past the hour | 02 past the hour | 9:02 p.m. | 10:02 p.m. |
| Settler Way | 6:03 a.m. | 03, 33 past the hour | 03 past the hour | 03, 33 past the hour | 03 past the hour | 9:03 p.m. | 10:03 p.m. |
| Grizzly Crescent | 6:04 a.m. | 04, 34 past the hour | 04 past the hour | 04, 34 past the hour | 04 past the hour | 9:04 p.m. | 10:04 p.m. |
| Summit Cafe East | 6:04 a.m. | 04, 34 past the hour | 04 past the hour | 04, 34 past the hour | 04 past the hour | 9:04 p.m. | 10:04 p.m. |
| Benchlands Trail at Elk Run | 6:05 a.m. | 05, 35 past the hour | 05 past the hour | 05, 35 past the hour | 05 past the hour | 9:05 p.m. | 10:05 p.m. |
| Elk Run Blvd | 6:06 a.m. | 06, 36 past the hour | 06 past the hour | 06, 36 past the hour | 06 past the hour | 9:06 p.m. | 10:06 p.m. |
| Lady Macdonald Crescent | 6:06 a.m. | 06, 36 past the hour | 06 past the hour | 06, 36 past the hour | 06 past the hour | 9:06 p.m. | 10:06 p.m. |
| Grotto Road | 6:07 a.m. | 07, 37 past the hour | 07 past the hour | 07, 37 past the hour | 07 past the hour | 9:07 p.m. | 10:07 p.m. |
| Grotto Way | 6:08 a.m. | 08, 38 past the hour | 08 past the hour | 08, 38 past the hour | 08 past the hour | 9:08 p.m. | 10:08 p.m. |
| Boulder Crescent | 6:09 a.m. | 09, 39 past the hour | 09 past the hour | 09, 39 past the hour | 09 past the hour | 9:09 p.m. | 10:09 p.m. |
| Glacier Drive South | 6:10 a.m. | 10, 40 past the hour | 10 past the hour | 10, 40 past the hour | 10 past the hour | 9:10 p.m. | 10:10 p.m. |
| Bow Meadows | 6:11 a.m. | 11, 41 past the hour | 11 past the hour | 11, 41 past the hour | 11 past the hour | 9:11 p.m. | 10:11 p.m. |
| Kananaskis Way | 6:14 a.m. | 14, 44 past the hour | 14 past the hour | 14, 44 past the hour | 14 past the hour | 9:14 p.m. | 10:14 p.m. |
| The Shops of Canmore | 6:15 a.m. | 15, 45 past the hour | 15 past the hour | 15, 45 past the hour | 15 past the hour | 9:15 p.m. | 10:15 p.m. |
| Elevation Place North | 6:16 a.m. | 16, 46 past the hour | 16 past the hour | 16, 46 past the hour | 16 past the hour | 9:16 p.m. | 10:16 p.m. |
| Canmore Shopping Area South | 6:17 a.m. | 17, 47 past the hour | 17 past the hour | 17, 47 past the hour | 17 past the hour | 9:17 p.m. | 10:17 p.m. |
| Canmore Shopping Area North | 6:18 a.m. | 18, 48 past the hour | 18 past the hour | 18, 48 past the hour | 18 past the hour | 9:18 p.m. | 10:18 p.m. |
| Canmore Collegiate North | 6:20 a.m. | 20, 50 past the hour | 20 past the hour | 20, 50 past the hour | 20 past the hour | 9:20 p.m. | 10:20 p.m. |
| Canmore Seniors Lodge West | 6:21 a.m. | 21, 51 past the hour | 21 past the hour | 21, 51 past the hour | 21 past the hour | 9:21 p.m. | 10:21 p.m. |
| Canmore 9th St. (Arrival) | 6:22 a.m. | 22, 52 past the hour | 22 past the hour | 22, 52 past the hour | 22 past the hour | 9:22 p.m. | 10:22 p.m. |

| Stop Location | First Bus | Every 30 minutes starting at 7:22 a.m. | Every 60 minutes starting at 10:22 a.m. | Every 30 minutes starting at 3:22 p.m. | Every 60 minutes starting at 7:22 p.m. | Last Bus Mon - Wed | Last Bus Thu - Fri |
|--|-----------|--|---|--|--|--------------------|--------------------|
| Three Sisters Bound (From Downtown) | | | | | | | |
| Canmore 9th Street (Departure) Three Sisters | 6:28 a.m. | 28, 58 past the hour | 28 past the hour | 28, 58 past the hour | 28 past the hour | 9:28 p.m. | 10:28 p.m. |
| Bow River Bridge North | 6:30 a.m. | 30, 00 past the hour | 30 past the hour | 30, 00 past the hour | 30 past the hour | 9:30 p.m. | 10:30 p.m. |
| Rundle Drive North | 6:31 a.m. | 31, 01 past the hour | 31 past the hour | 31, 01 past the hour | 31 past the hour | 9:31 p.m. | 10:31 p.m. |
| Prospect Heights West | 6:32 a.m. | 32, 02 past the hour | 32 past the hour | 32, 02 past the hour | 32 past the hour | 9:32 p.m. | 10:32 p.m. |
| Carey West | 6:33 a.m. | 33, 03 past the hour | 33 past the hour | 33, 03 past the hour | 33 past the hour | 9:33 p.m. | 10:33 p.m. |
| Walker West | 6:33 a.m. | 33, 03 past the hour | 33 past the hour | 33, 03 past the hour | 33 past the hour | 9:33 p.m. | 10:33 p.m. |
| Crossbow Place South | 6:36 a.m. | 36, 06 past the hour | 36 past the hour | 36, 06 past the hour | 36 past the hour | 9:36 p.m. | 10:36 p.m. |
| Three Sisters@Fitzgerald Rise | 6:37 a.m. | 37, 07 past the hour | 37 past the hour | 37, 07 past the hour | 37 past the hour | 9:37 p.m. | 10:37 p.m. |
| Three Sisters@Dyrgas Gate | 6:38 a.m. | 38, 08 past the hour | 38 past the hour | 38, 08 past the hour | 38 past the hour | 9:38 p.m. | 10:38 p.m. |
| Stewart Creek (Arrival) | 6:40 a.m. | 40, 10 past the hour | 40 past the hour | 40, 10 past the hour | 40 past the hour | 9:40 p.m. | 10:40 p.m. |

| Stop Location | First Bus | Every 30 minutes starting at 7:40 a.m. <small>*10:26 a.m. departure ends service at Boulder Crescent</small> | Every 60 minutes starting at 10:40 a.m. | Every 30 minutes starting at 3:40 p.m. | Every 60 minutes starting at 7:40 p.m. <small>*7:26 p.m. departure ends service at Boulder Crescent</small> | Last Bus Mon - Wed | Last Bus Thu - Fri |
|--|-----------|---|---|--|--|--------------------|--------------------|
| Downtown Bound (From Three Sisters) | | | | | | | |
| Stewart Creek (Departure) | 6:40 a.m. | 40, 10 past the hour | 40 past the hour | 40, 10 past the hour | 40 past the hour | 9:40 p.m. | 10:40 p.m. |
| Dyrgas Gate@Market Bistro | 6:42 a.m. | 42, 12 past the hour | 42 past the hour | 42, 12 past the hour | 42 past the hour | 9:42 p.m. | 10:42 p.m. |
| Fitzgerald Rise | 6:43 a.m. | 43, 13 past the hour | 43 past the hour | 43, 13 past the hour | 43 past the hour | 9:43 p.m. | 10:43 p.m. |
| Crossbow Place North | 6:44 a.m. | 44, 14 past the hour | 44 past the hour | 44, 14 past the hour | 44 past the hour | 9:44 p.m. | 10:44 p.m. |
| Walker East | 6:48 a.m. | 48, 18 past the hour | 48 past the hour | 48, 18 past the hour | 48 past the hour | 9:48 p.m. | 10:48 p.m. |
| Carey East | 6:48 a.m. | 48, 18 past the hour | 48 past the hour | 48, 18 past the hour | 48 past the hour | 9:48 p.m. | 10:48 p.m. |
| Prospect Heights East | 6:49 a.m. | 49, 19 past the hour | 49 past the hour | 49, 19 past the hour | 49 past the hour | 9:49 p.m. | 10:49 p.m. |
| Rundle Drive South | 6:50 a.m. | 50, 20 past the hour | 50 past the hour | 50, 20 past the hour | 50 past the hour | 9:50 p.m. | 10:50 p.m. |
| 8th Avenue | 6:51 a.m. | 51, 21 past the hour | 51 past the hour | 51, 21 past the hour | 51 past the hour | 9:51 p.m. | 10:51 p.m. |
| Canmore 9th Street (Arrival) | 6:52 a.m. | 52, 22 past the hour | 52 past the hour | 52, 22 past the hour | 52 past the hour | 9:52 p.m. | 10:52 p.m. |

| Stop Location | First Bus | Every 30 minutes starting at 7:52 a.m. <small>*10:26 a.m. departure ends service at Boulder Crescent</small> | Every 60 minutes starting at 10:52 a.m. | Every 30 minutes starting at 3:52 p.m. | Every 60 minutes starting at 7:52 p.m. <small>*7:26 p.m. departure ends service at Boulder Crescent</small> | Last Bus Mon - Wed | Last Bus Thu - Fri |
|---|-----------|---|---|--|--|--------------------|--------------------|
| Cougar Creek Bound (From Downtown) | | | | | | | |
| Canmore 9th Street (Departure) Cougar Creek | 6:56 a.m. | 56, 26 past the hour | 56 past the hour | 56, 26 past the hour | 56 past the hour | 9:56 p.m. | 10:56 p.m. |
| Canmore Seniors Lodge East | 6:57 a.m. | 57, 27 past the hour | 57 past the hour | 57, 27 past the hour | 57 past the hour | 9:57 p.m. | 10:57 p.m. |
| Canmore Collegiate South | 6:58 a.m. | 58, 28 past the hour | 58 past the hour | 58, 28 past the hour | 58 past the hour | 9:58 p.m. | 10:58 p.m. |
| Railway Ave West | 6:59 a.m. | 59, 29 past the hour | 59 past the hour | 59, 29 past the hour | 59 past the hour | 9:59 p.m. | 10:59 p.m. |
| Canmore Shoppers Drug Mart | 7:00 a.m. | 00, 30 past the hour | 00 past the hour | 00, 30 past the hour | 00 past the hour | 10:00 p.m. | 11:00 p.m. |
| Elevation Place South | 7:01 a.m. | 01, 31 past the hour | 01 past the hour | 01, 31 past the hour | 01 past the hour | 10:01 p.m. | 11:01 p.m. |
| Benchlands Trail Overpass | 7:02 a.m. | 02, 32 past the hour | 02 past the hour | 02, 32 past the hour | 02 past the hour | 10:02 p.m. | 11:02 p.m. |
| Palliser Trail South | 7:02 a.m. | 02, 32 past the hour | 02 past the hour | 02, 32 past the hour | 02 past the hour | 10:02 p.m. | 11:02 p.m. |
| Settler Way | 7:03 a.m. | 03, 33 past the hour | 03 past the hour | 03, 33 past the hour | 03 past the hour | 10:03 p.m. | 11:03 p.m. |
| Grizzly Crescent | 7:04 a.m. | 04, 34 past the hour | 04 past the hour | 04, 34 past the hour | 04 past the hour | 10:04 p.m. | 11:04 p.m. |
| Summit Cafe East | 7:04 a.m. | 04, 34 past the hour | 04 past the hour | 04, 34 past the hour | 04 past the hour | 10:04 p.m. | 11:04 p.m. |
| Benchlands Trail at Elk Run | 7:05 a.m. | 05, 35 past the hour | 05 past the hour | 05, 35 past the hour | 05 past the hour | 10:05 p.m. | 11:05 p.m. |
| Elk Run Blvd | 7:06 a.m. | 06, 36 past the hour | 06 past the hour | 06, 36 past the hour | 06 past the hour | 10:06 p.m. | 11:06 p.m. |
| Lady Macdonald Crescent | 7:06 a.m. | 06, 36 past the hour | 06 past the hour | 06, 36 past the hour | 06 past the hour | 10:06 p.m. | 11:06 p.m. |
| Grotto Road | 7:07 a.m. | 07, 37 past the hour | 07 past the hour | 07, 37 past the hour | 07 past the hour | 10:07 p.m. | 11:07 p.m. |
| Grotto Way | 7:08 a.m. | 08, 38 past the hour | 08 past the hour | 08, 38 past the hour | 08 past the hour | 10:08 p.m. | 11:08 p.m. |
| Boulder Crescent | 7:09 a.m. | 09, 39 past the hour | 09 past the hour | 09, 39 past the hour | 09 past the hour | 10:09 p.m.* | 11:09 p.m.* |
| Glacier Drive South | 7:10 a.m. | 10, 40 past the hour | 10 past the hour | 10, 40 past the hour | 10 past the hour | | |

*End of service

5 Route 5: Canmore Local Service

Weekend Service

| Stop Location | First Bus | Saturday service every 30 minutes starting at 9:02 a.m. | Sunday* service every 60 minutes starting at 9:02 a.m. | Last Bus |
|---|-----------|---|--|-----------|
| Downtown Bound (From Cougar Creek) | | | | |
| Benchlands Trail Overpass | 8:02 a.m. | 02, 32 past the hour | 02 past the hour | 7:02 p.m. |
| Palliser Trail South | 8:02 a.m. | 02, 32 past the hour | 02 past the hour | 7:02 p.m. |
| Settler Way | 8:03 a.m. | 03, 33 past the hour | 03 past the hour | 7:03 p.m. |
| Grizzly Crescent | 8:04 a.m. | 04, 34 past the hour | 04 past the hour | 7:04 p.m. |
| Summit Cafe East | 8:04 a.m. | 04, 34 past the hour | 04 past the hour | 7:04 p.m. |
| Benchlands Trail at Elk Run | 8:05 a.m. | 05, 35 past the hour | 05 past the hour | 7:05 p.m. |
| Elk Run Blvd | 8:06 a.m. | 06, 36 past the hour | 06 past the hour | 7:06 p.m. |
| Lady Macdonald Crescent | 8:06 a.m. | 06, 36 past the hour | 06 past the hour | 7:06 p.m. |
| Grotto Road | 8:07 a.m. | 07, 37 past the hour | 07 past the hour | 7:07 p.m. |
| Grotto Way | 8:08 a.m. | 08, 38 past the hour | 08 past the hour | 7:08 p.m. |
| Boulder Crescent | 8:09 a.m. | 09, 39 past the hour | 09 past the hour | 7:09 p.m. |
| Glacier Drive South | 8:10 a.m. | 10, 40 past the hour | 10 past the hour | 7:10 p.m. |
| Bow Meadows | 8:11 a.m. | 11, 41 past the hour | 11 past the hour | 7:11 p.m. |
| Kananaskis Way | 8:14 a.m. | 14, 44 past the hour | 14 past the hour | 7:14 p.m. |
| The Shops of Canmore | 8:15 a.m. | 15, 45 past the hour | 15 past the hour | 7:15 p.m. |
| Elevation Place North | 8:16 a.m. | 16, 46 past the hour | 16 past the hour | 7:16 p.m. |
| Canmore Shopping Area South | 8:17 a.m. | 17, 47 past the hour | 17 past the hour | 7:17 p.m. |
| Canmore Shopping Area North | 8:18 a.m. | 18, 48 past the hour | 18 past the hour | 7:18 p.m. |
| Canmore Collegiate North | 8:20 a.m. | 20, 50 past the hour | 20 past the hour | 7:20 p.m. |
| Canmore Seniors Lodge West | 8:21 a.m. | 21, 51 past the hour | 21 past the hour | 7:21 p.m. |
| Canmore 9th St. (Arrival) | 8:22 a.m. | 22, 52 past the hour | 22 past the hour | 7:22 p.m. |

| Stop Location | First Bus | Every 30 minutes starting at 9:28 a.m. | Every 60 minutes starting at 9:28 a.m. | Last Bus |
|--|-----------|--|--|-----------|
| Three Sisters Bound (From Downtown) | | | | |
| Canmore 9th Street (Departure) Three Sisters | 8:28 a.m. | 28, 58 past the hour | 28 past the hour | 7:28 p.m. |
| Bow River Bridge North | 8:30 a.m. | 30, 00 past the hour | 30 past the hour | 7:30 p.m. |
| Rundle Drive North | 8:31 a.m. | 31, 01 past the hour | 31 past the hour | 7:31 p.m. |
| Prospect Heights West | 8:32 a.m. | 32, 02 past the hour | 32 past the hour | 7:32 p.m. |
| Carey West | 8:33 a.m. | 33, 03 past the hour | 33 past the hour | 7:33 p.m. |
| Walker West | 8:33 a.m. | 33, 03 past the hour | 33 past the hour | 7:33 p.m. |
| Crossbow Place South | 8:36 a.m. | 36, 06 past the hour | 36 past the hour | 7:36 p.m. |
| Three Sisters@Fitzgerald Rise | 8:37 a.m. | 37, 07 past the hour | 37 past the hour | 7:37 p.m. |
| Three Sisters@Dyrgas Gate | 8:38 a.m. | 38, 08 past the hour | 38 past the hour | 7:38 p.m. |
| Stewart Creek (Arrival) | 8:40 a.m. | 40, 10 past the hour | 40 past the hour | 7:40 p.m. |

| Stop Location | First Bus | Every 30 minutes starting at 9:40 a.m. | Every 60 minutes starting at 9:40 a.m. | Last Bus |
|---|-----------|--|--|-----------|
| Downtown Bound (From Three Sisters) | | | | |
| <small>*10:26 a.m. departure ends service at Boulder Crescent</small> | | | | |
| Stewart Creek (Departure) | 8:40 a.m. | 40, 10 past the hour | 40 past the hour | 7:40 p.m. |
| Dyrgas Gate@Market Bistro | 8:42 a.m. | 42, 12 past the hour | 42 past the hour | 7:42 p.m. |
| Fitzgerald Rise | 8:43 a.m. | 43, 13 past the hour | 43 past the hour | 7:43 p.m. |
| Crossbow Place North | 8:44 a.m. | 44, 14 past the hour | 44 past the hour | 7:44 p.m. |
| Walker East | 8:48 a.m. | 48, 18 past the hour | 48 past the hour | 7:48 p.m. |
| Carey East | 8:48 a.m. | 48, 18 past the hour | 48 past the hour | 7:48 p.m. |
| Prospect Heights East | 8:49 a.m. | 49, 19 past the hour | 49 past the hour | 7:49 p.m. |
| Rundle Drive South | 8:50 a.m. | 50, 20 past the hour | 50 past the hour | 7:50 p.m. |
| 8th Avenue | 8:51 a.m. | 51, 21 past the hour | 51 past the hour | 7:51 p.m. |
| Canmore 9th Street (Arrival) | 8:52 a.m. | 52, 22 past the hour | 52 past the hour | 7:52 p.m. |

| Stop Location | First Bus | Every 30 minutes starting at 9:56 a.m. | Every 60 minutes starting at 9:56 a.m. | Last Bus |
|---|-----------|--|--|------------|
| Cougar Creek Bound (From Downtown) | | | | |
| Canmore 9th Street (Departure) Cougar Creek | 8:56 a.m. | 56, 26 past the hour | 56 past the hour | 7:56 p.m. |
| Canmore Seniors Lodge East | 8:57 a.m. | 57, 27 past the hour | 57 past the hour | 7:57 p.m. |
| Canmore Collegiate South | 8:58 a.m. | 58, 28 past the hour | 58 past the hour | 7:58 p.m. |
| Railway Ave West | 8:59 a.m. | 59, 29 past the hour | 59 past the hour | 7:59 p.m. |
| Canmore Shoppers Drug Mart | 9:00 a.m. | 00, 30 past the hour | 00 past the hour | 8:00 p.m. |
| Elevation Place South | 9:01 a.m. | 01, 31 past the hour | 01 past the hour | 8:01 p.m. |
| Benchlands Trail Overpass | 9:02 a.m. | 02, 32 past the hour | 02 past the hour | 8:02 p.m. |
| Palliser Trail South | 9:02 a.m. | 02, 32 past the hour | 02 past the hour | 8:02 p.m. |
| Settler Way | 9:03 a.m. | 03, 33 past the hour | 03 past the hour | 8:03 p.m. |
| Grizzly Crescent | 9:04 a.m. | 04, 34 past the hour | 04 past the hour | 8:04 p.m. |
| Summit Cafe East | 9:04 a.m. | 04, 34 past the hour | 04 past the hour | 8:04 p.m. |
| Benchlands Trail at Elk Run | 9:05 a.m. | 05, 35 past the hour | 05 past the hour | 8:05 p.m. |
| Elk Run Blvd | 9:06 a.m. | 06, 36 past the hour | 06 past the hour | 8:06 p.m. |
| Lady Macdonald Crescent | 9:06 a.m. | 06, 36 past the hour | 06 past the hour | 8:06 p.m. |
| Grotto Road | 9:07 a.m. | 07, 37 past the hour | 07 past the hour | 8:07 p.m. |
| Grotto Way | 9:08 a.m. | 08, 38 past the hour | 08 past the hour | 8:08 p.m. |
| Boulder Crescent | 9:09 a.m. | 09, 39 past the hour | 09 past the hour | 8:09 p.m.* |
| Glacier Drive South | 9:10 a.m. | 10, 40 past the hour | 10 past the hour | |

*End of service