

Canmore Local Service

Route 5 – Weekdays

STOP LOCATION		Service Every 30 Minutes						Service Every 60 Minutes	Service Every 30 Minutes	Service Every 60 Minutes			Thursday/Friday Only
Glacier Drive South	6:08	7:08	7:38	8:08	8:38	9:08	9:38	10:08 to 15:08	15:38 to 18:08	19:08	20:08	21:08	22:08
Ridge Road	6:09	7:09	7:39	8:09	8:39	9:09	9:39	10:09 to 15:09	15:39 to 18:09	19:09	20:09	21:09	22:09
Cougar Creek Skating Rink	6:10	7:10	7:40	8:10	8:40	9:10	9:40	10:10 to 15:10	15:40 to 18:10	19:10	20:10	21:10	22:10
Benchlands Roundabout	6:10	7:10	7:40	8:10	8:40	9:10	9:40	10:10 to 15:10	15:40 to 18:10	19:10	20:10	21:10	22:10
Summit Cafe West	6:11	7:11	7:41	8:11	8:41	9:11	9:41	10:11 to 15:11	15:41 to 18:11	19:11	20:11	21:11	22:11
Pioneer Road	6:12	7:12	7:42	8:12	8:42	9:12	9:42	10:12 to 15:12	15:42 to 18:12	19:12	20:12	21:12	22:12
Blackrock Crescent	6:13	7:13	7:43	8:13	8:43	9:13	9:43	10:13 to 15:13	15:43 to 18:13	19:13	20:13	21:13	22:13
Benchlands Bike Park	6:14	7:14	7:44	8:14	8:44	9:14	9:44	10:14 to 15:14	15:44 to 18:14	19:14	20:14	21:14	22:14
Benchlands Overpass North	6:15	7:15	7:45	8:15	8:45	9:15	9:45	10:15 to 15:15	15:45 to 18:15	19:15	20:15	21:15	22:15
Elevation Place North	6:17	7:17	7:47	8:17	8:47	9:17	9:47	10:17 to 15:17	15:47 to 18:17	19:17	20:17	21:17	22:17
Canmore Shopping Area South	6:19	7:19	7:49	8:19	8:49	9:19	9:49	10:19 to 15:19	15:49 to 18:19	19:19	20:19	21:19	22:19
Canmore Shopping Area North	6:20	7:20	7:50	8:20	8:50	9:20	9:50	10:20 to 15:20	15:50 to 18:20	19:20	20:20	21:20	22:20
Canmore Collegiate High School ●	6:22	7:22	7:52	8:22	8:52	9:22	9:52	10:22 to 15:22	15:52 to 18:22	19:22	20:22	21:22	22:22
Canmore Seniors Lodge ●	6:23	7:23	7:53	8:23	8:53	9:23	9:53	10:23 to 15:23	15:53 to 18:23	19:23	20:23	21:23	22:23
9th St - Three Sisters Bound ●	6:24	7:24	7:54	8:24	8:54	9:24	9:54	10:24 to 15:24	15:54 to 18:24	19:24	20:24	21:24	22:24
Bow River Bridge North	6:31	7:31	8:01	8:31	9:01	9:31	10:01	10:31 to 15:31	16:01 to 18:31	19:31	20:31	21:31	22:31
Rundle Drive North	6:33	7:33	8:03	8:33	9:03	9:33	10:03	10:33 to 15:33	16:03 to 18:33	19:33	20:33	21:33	22:33
Prospect Heights West	6:33	7:33	8:03	8:33	9:03	9:33	10:03	10:33 to 15:33	16:03 to 18:33	19:33	20:33	21:33	22:33
Carey West	6:35	7:35	8:05	8:35	9:05	9:35	10:05	10:35 to 15:35	16:05 to 18:35	19:35	20:35	21:35	22:35
Walker West	6:35	7:35	8:05	8:35	9:05	9:35	10:05	10:35 to 15:35	16:05 to 18:35	19:35	20:35	21:35	22:35
Crossbow Place South	6:38	7:38	8:08	8:38	9:08	9:38	10:08	10:38 to 15:38	16:08 to 18:38	19:38	20:38	21:38	22:38
Three Sisters Parkway @ Dyrgas	6:39	7:39	8:09	8:39	9:09	9:39	10:09	10:39 to 15:39	16:09 to 18:39	19:39	20:39	21:39	22:39
Stewart Creek	6:41	7:41	8:11	8:41	9:11	9:41	10:11	10:41 to 15:41	16:11 to 18:41	19:41	20:41	21:41	22:41
Dyrgas Gate	6:43	7:43	8:13	8:43	9:13	9:43	10:13	10:43 to 15:43	16:13 to 18:43	19:43	20:43	21:43	22:43
Miskow Close	6:44	7:44	8:14	8:44	9:14	9:44	10:14	10:44 to 15:44	16:14 to 18:44	19:44	20:44	21:44	22:44
Crossbow Place North	6:46	7:46	8:16	8:46	9:16	9:46	10:16	10:46 to 15:46	16:16 to 18:46	19:46	20:46	21:46	22:46
Walker East	6:50	7:50	8:20	8:50	9:20	9:50	10:20	10:50 to 15:50	16:20 to 18:50	19:50	20:50	21:50	22:50
Carey East	6:50	7:50	8:20	8:50	9:20	9:50	10:20	10:50 to 15:50	16:20 to 18:50	19:50	20:50	21:50	22:50
Prospect Heights East	6:51	7:51	8:21	8:51	9:21	9:51	10:21	10:51 to 15:51	16:21 to 18:51	19:51	20:51	21:51	22:51
Rundle Drive South	6:52	7:52	8:22	8:52	9:22	9:52	10:22	10:52 to 15:52	16:22 to 18:52	19:52	20:52	21:52	22:52
8th Avenue	6:53	7:53	8:23	8:53	9:23	9:53	10:23	10:53 to 15:53	16:23 to 18:53	19:53	20:53	21:53	22:53
9th St - Cougar Creek Bound ●	6:54	7:54	8:24	8:54	9:24	9:54	10:24	10:54 to 15:54	16:24 to 18:54	19:54	20:54	21:54	22:54
Shoppers Drug Mart ●	6:56	7:56	8:26	8:56	9:26	9:56	10:26	10:56 to 15:56	16:26 to 18:56	19:56	20:56	21:56	22:56
Elevation Place South	6:57	7:57	8:27	8:57	9:27	9:57	10:27	10:57 to 15:57	16:27 to 18:57	19:57	20:57	21:57	22:57
Benchlands Overpass South ●	6:58	7:58	8:28	8:58	9:28	9:58	10:28	10:58 to 15:58	16:28 to 18:58	19:58	20:58	21:58	22:58
Palliser Trail South	6:59	7:59	8:29	8:59	9:29	9:59	10:29	10:59 to 15:59	16:29 to 18:59	19:59	20:59	21:59	22:59
Cougar Point Road	7:00	8:00	8:30	9:00	9:30	10:00	10:30*	11:00 to 16:00	16:30 to 19:00	20:00	21:00	22:00*	23:00*
Grizzly Crescent	7:01	8:01	8:31	9:01	9:31	10:01	10:31*	11:01 to 16:01	16:31 to 19:01	20:01	21:01	22:01*	23:01*
Summit Cafe East	7:02	8:02	8:32	9:02	9:32	10:02	10:32*	11:02 to 16:02	16:32 to 19:02	20:02	21:02	22:02*	23:02*
Benchlands Trail @ Elk Run	7:03	8:03	8:33	9:03	9:33	10:03	10:33*	11:03 to 16:03	16:33 to 19:03	20:03	21:03	22:03*	23:03*
Lady Macdonald Crescent	7:04	8:04	8:34	9:04	9:34	10:04	10:34*	11:04 to 16:04	16:34 to 19:04	20:04	21:04	22:04*	23:04*
Grotto Road	7:05	8:05	8:35	9:05	9:35	10:05	10:35*	11:05 to 16:05	16:35 to 19:05	20:05	21:05	22:05*	23:05*
Grotto Way	7:06	8:06	8:36	9:06	9:36	10:06	10:36*	11:06 to 16:06	16:36 to 19:06	20:06	21:06	22:06*	23:06*
Boulder Crescent	7:07	8:07	8:37	9:07	9:37	10:07	10:37*	11:07 to 16:07	16:37 to 19:07	20:07	21:07	22:07*	23:07*

*This stop is drop off only - bus returning to garage.

AM

PM

● Real Time Bus Information Available at Stops with Grey Dot

Route 5 – Saturdays

STOP LOCATION		Service Every 40 Minutes																
TO DOWNTOWN	Glacier Drive South	8:08	9:23	10:03	10:43	11:23	12:03	12:43	13:23	14:03	14:43	15:23	16:03	16:43	17:23	18:03	18:43	
	Kananaskis Way	8:10	9:25	10:05	10:45	11:25	12:05	12:45	13:25	14:05	14:45	15:25	16:05	16:45	17:25	18:05	18:45	
	Elevation Place North	8:13	9:28	10:08	10:48	11:28	12:08	12:48	13:28	14:08	14:48	15:28	16:08	16:48	17:28	18:08	18:48	
	Canmore Shopping Area South	8:14	9:29	10:09	10:49	11:29	12:09	12:49	13:29	14:09	14:49	15:29	16:09	16:49	17:29	18:09	18:49	
	Canmore Shopping Area North	8:15	9:30	10:10	10:50	11:30	12:10	12:50	13:30	14:10	14:50	15:30	16:10	16:50	17:30	18:10	18:50	
	Canmore Collegiate High School	8:17	9:32	10:12	10:52	11:32	12:12	12:52	13:32	14:12	14:52	15:32	16:12	16:52	17:32	18:12	18:52	
	Canmore Seniors Lodge	8:18	9:33	10:13	10:53	11:33	12:13	12:53	13:33	14:13	14:53	15:33	16:13	16:53	17:33	18:13	18:53	
	9th St - Three Sisters Bound	8:20	9:35	10:15	10:55	11:35	12:15	12:55	13:35	14:15	14:55	15:35	16:15	16:55	17:35	18:15	18:55	
TO THREE SISTERS	Bow River Bridge North	8:28	9:43	10:23	11:03	11:43	12:23	13:03	13:43	14:23	15:03	15:43	16:23	17:03	17:43	18:23	19:03	
	Rundle Drive North	8:29	9:44	10:24	11:04	11:44	12:24	13:04	13:44	14:24	15:04	15:44	16:24	17:04	17:44	18:24	19:04	
	Prospect Heights West	8:31	9:46	10:26	11:06	11:46	12:26	13:06	13:46	14:26	15:06	15:46	16:26	17:06	17:46	18:26	19:06	
	Rundlevue Drive	8:32	9:47	10:27	11:07	11:47	12:27	13:07	13:47	14:27	15:07	15:47	16:27	17:07	17:47	18:27	19:07	
	Canmore Nordic Centre	8:35	9:50	10:30	11:10	11:50	12:30	13:10	13:50	14:30	15:10	15:50	16:30	17:10	17:50	18:30	19:10	
	Quarry Park	8:37	9:52	10:32	11:12	11:52	12:32	13:12	13:52	14:32	15:12	15:52	16:32	17:12	17:52	18:32	19:12	
	Carey West	8:39	9:54	10:34	11:14	11:54	12:34	13:14	13:54	14:34	15:14	15:54	16:34	17:14	17:54	18:34	19:14	
	Walker West	8:40	9:55	10:35	11:15	11:55	12:35	13:15	13:55	14:35	15:15	15:55	16:35	17:15	17:55	18:35	19:15	
	Crossbow Place South	8:43	9:58	10:38	11:18	11:58	12:38	13:18	13:58	14:38	15:18	15:58	16:38	17:18	17:58	18:38	19:18	
	Three Sisters Parkway @ Dyrgas	8:44	9:59	10:39	11:19	11:59	12:39	13:19	13:59	14:39	15:19	15:59	16:39	17:19	17:59	18:39	19:19	
	Stewart Creek	8:46	10:01	10:41	11:21	12:01	12:41	13:21	14:01	14:41	15:21	16:01	16:41	17:21	18:01	18:41	19:21	
	Dyrgas Gate	8:48	10:03	10:43	11:23	12:03	12:43	13:23	14:03	14:43	15:23	16:03	16:43	17:23	18:03	18:43	19:23	
Miskow Close	8:49	10:04	10:44	11:24	12:04	12:44	13:24	14:04	14:44	15:24	16:04	16:44	17:24	18:04	18:44	19:24		
TO DOWNTOWN	Crossbow Place North	8:51	10:06	10:46	11:26	12:06	12:46	13:26	14:06	14:46	15:26	16:06	16:46	17:26	18:06	18:46	19:26	
	Walker East	8:55	10:10	10:50	11:30	12:10	12:50	13:30	14:10	14:50	15:30	16:10	16:50	17:30	18:10	18:50	19:30	
	Carey East	8:55	10:10	10:50	11:30	12:10	12:50	13:30	14:10	14:50	15:30	16:10	16:50	17:30	18:10	18:50	19:30	
	Rundlevue Drive	8:56	10:11	10:51	11:31	12:11	12:51	13:31	14:11	14:51	15:31	16:11	16:51	17:31	18:11	18:51	19:31	
	Canmore Nordic Centre	8:58	10:13	10:53	11:33	12:13	12:53	13:33	14:13	14:53	15:33	16:13	16:53	17:33	18:13	18:53	19:33	
	Quarry Park	9:01	10:16	10:56	11:36	12:16	12:56	13:36	14:16	14:56	15:36	16:16	16:56	17:36	18:16	18:56	19:36	
	Prospect Heights East	9:02	10:17	10:57	11:37	12:17	12:57	13:37	14:17	14:57	15:37	16:17	16:57	17:37	18:17	18:57	19:37	
	Rundle Drive South	9:03	10:18	10:58	11:38	12:18	12:58	13:38	14:18	14:58	15:38	16:18	16:58	17:38	18:18	18:58	19:38	
	8th Avenue	9:04	10:19	10:59	11:39	12:19	12:59	13:39	14:19	14:59	15:39	16:19	16:59	17:39	18:19	18:59	19:39	
	9th St - Cougar Creek Bound	9:05	10:20	11:00	11:40	12:20	13:00	13:40	14:20	15:00	15:40	16:20	17:00	17:40	18:20	19:00	19:40	
	TO COUGAR CREEK	Shoppers Drug Mart	9:07	10:22	11:02	11:42	12:22	13:02	13:42	14:22	15:02	15:42	16:22	17:02	17:42	18:22	19:02	19:42
		Elevation Place South	9:08	10:23	11:03	11:43	12:23	13:03	13:43	14:23	15:03	15:43	16:23	17:03	17:43	18:23	19:03	19:43
Benchlands Overpass South		9:09	10:24	11:04	11:44	12:24	13:04	13:44	14:24	15:04	15:44	16:24	17:04	17:44	18:24	19:04	19:44	
Palliser Trail South		9:10	10:25	11:05	11:45	12:25	13:05	13:45	14:25	15:05	15:45	16:25	17:05	17:45	18:25	19:05	19:45	
Cougar Point Road		9:11	10:26	11:06	11:46	12:26	13:06	13:46	14:26	15:06	15:46	16:26	17:06	17:46	18:26	19:06*	19:46*	
Grizzly Crescent		9:12	10:27	11:07	11:47	12:27	13:07	13:47	14:27	15:07	15:47	16:27	17:07	17:47	18:27	19:07*	19:47*	
Summit Cafe East		9:13	10:28	11:08	11:48	12:28	13:08	13:48	14:28	15:08	15:48	16:28	17:08	17:48	18:28	19:08*	19:48*	
Benchlands Trail @ Elk Run		9:14	10:29	11:09	11:49	12:29	13:09	13:49	14:29	15:09	15:49	16:29	17:09	17:49	18:29	19:09*	19:49*	
Lady Macdonald Crescent		9:15	10:30	11:10	11:50	12:30	13:10	13:50	14:30	15:10	15:50	16:30	17:10	17:50	18:30	19:10*	19:50*	
Grotto Road		9:16	10:31	11:11	11:51	12:31	13:11	13:51	14:31	15:11	15:51	16:31	17:11	17:51	18:31	19:11*	19:51*	
Grotto Way		9:17	10:32	11:12	11:52	12:32	13:12	13:52	14:32	15:12	15:52	16:32	17:12	17:52	18:32	19:12*	19:52*	
Boulder Crescent		9:18	10:33	11:13	11:53	12:33	13:13	13:53	14:33	15:13	15:53	16:33	17:13	17:53	18:33	19:13*	19:53*	







*This stop is drop off only - bus returning to garage.

AM

PM

○ RealTime Bus Information Available at Stops with Grey Dot


Route 5 – Sundays and Statutory Holidays

	STOP LOCATION	Service Every 75 Minutes									
TO DOWNTOWN	Glacier Drive South	8:08	9:23	10:38	11:53	13:08	14:23	15:38	16:53	18:08	19:23
	Kananaskis Way	8:10	9:25	10:40	11:55	13:10	14:25	15:40	16:55	18:10	19:25
	Elevation Place North	8:13	9:28	10:43	11:58	13:13	14:28	15:43	16:58	18:13	19:28
	Canmore Shopping Area South	8:14	9:29	10:44	11:59	13:14	14:29	15:44	16:59	18:14	19:29
	Canmore Shopping Area North	8:15	9:30	10:45	12:00	13:15	14:30	15:45	17:00	18:15	19:30
	Canmore Collegiate High School 	8:17	9:32	10:47	12:02	13:17	14:32	15:47	17:02	18:17	19:32
	Canmore Seniors Lodge 	8:18	9:33	10:48	12:03	13:18	14:33	15:48	17:03	18:18	19:33
	9th St - Three Sisters Bound 	8:20	9:35	10:50	12:05	13:20	14:35	15:50	17:05	18:20	19:35
TO THREE SISTERS	Bow River Bridge North	8:28	9:43	10:58	12:13	13:28	14:43	15:58	17:13	18:28	19:43
	Rundle Drive North	8:29	9:44	10:59	12:14	13:29	14:44	15:59	17:14	18:29	19:44
	Prospect Heights West	8:31	9:46	11:01	12:16	13:31	14:46	16:01	17:16	18:31	19:46
	Rundleview Drive	8:32	9:47	11:02	12:17	13:32	14:47	16:02	17:17	18:32	19:47
	Canmore Nordic Centre	8:35	9:50	11:05	12:20	13:35	14:50	16:05	17:20	18:35	19:50
	Quarry Park	8:37	9:52	11:07	12:22	13:37	14:52	16:07	17:22	18:37	19:52
	Carey West	8:39	9:54	11:09	12:24	13:39	14:54	16:09	17:24	18:39	19:54
	Walker West	8:40	9:55	11:10	12:25	13:40	14:55	16:10	17:25	18:40	19:55
	Crossbow Place South	8:43	9:58	11:13	12:28	13:43	14:58	16:13	17:28	18:43	19:58
	Three Sisters Parkway @ Dyrgas	8:44	9:59	11:14	12:29	13:44	14:59	16:14	17:29	18:44	19:59
	Stewart Creek	8:46	10:01	11:16	12:31	13:46	15:01	16:16	17:31	18:46	20:01
	Dyrgas Gate	8:48	10:03	11:18	12:33	13:48	15:03	16:18	17:33	18:48	20:03
TO DOWNTOWN	Miskow Close	8:49	10:04	11:19	12:34	13:49	15:04	16:19	17:34	18:49	20:04
	Crossbow Place North	8:51	10:06	11:21	12:36	13:51	15:06	16:21	17:36	18:51	20:06
	Walker East	8:55	10:10	11:25	12:40	13:55	15:10	16:25	17:40	18:55	20:10
	Carey East	8:55	10:10	11:25	12:40	13:55	15:10	16:25	17:40	18:55	20:10
	Rundleview Drive	8:56	10:11	11:26	12:41	13:56	15:11	16:26	17:41	18:56	20:11
	Canmore Nordic Centre	8:58	10:13	11:28	12:43	13:58	15:13	16:28	17:43	18:58	20:13
	Quarry Park	9:01	10:16	11:31	12:46	14:01	15:16	16:31	17:46	19:01	20:16
	Prospect Heights East	9:02	10:17	11:32	12:47	14:02	15:17	16:32	17:47	19:02	20:17
	Rundle Drive South	9:03	10:18	11:33	12:48	14:03	15:18	16:33	17:48	19:03	20:18
	8th Avenue	9:04	10:19	11:34	12:49	14:04	15:19	16:34	17:49	19:04	20:19
	9th St - Cougar Creek Bound 	9:05	10:20	11:35	12:50	14:05	15:20	16:35	17:50	19:05	20:20
	TO COUGAR CREEK	Shoppers Drug Mart 	9:07	10:22	11:37	12:52	14:07	15:22	16:37	17:52	19:07
Elevation Place South		9:08	10:23	11:38	12:53	14:08	15:23	16:38	17:53	19:08	20:23
Benchlands Overpass South 		9:09	10:24	11:39	12:54	14:09	15:24	16:39	17:54	19:09	20:24
Palliser Trail South		9:10	10:25	11:40	12:55	14:10	15:25	16:40	17:55	19:10	20:25
Cougar Point Road		9:11	10:26	11:41	12:56	14:11	15:26	16:41	17:56	19:11	20:26*
Grizzly Crescent		9:12	10:27	11:42	12:57	14:12	15:27	16:42	17:57	19:12	20:27*
Summit Cafe East		9:13	10:28	11:43	12:58	14:13	15:28	16:43	17:58	19:13	20:28*
Benchlands Trail @ Elk Run		9:14	10:29	11:44	12:59	14:14	15:29	16:44	17:59	19:14	20:29*
Lady Macdonald Crescent		9:15	10:30	11:45	13:00	14:15	15:30	16:45	18:00	19:15	20:30*
Grotto Road		9:16	10:31	11:46	13:01	14:16	15:31	16:46	18:01	19:16	20:31*
Grotto Way		9:17	10:32	11:47	13:02	14:17	15:32	16:47	18:02	19:17	20:32*
Boulder Crescent		9:18	10:33	11:48	13:03	14:18	15:33	16:48	18:03	19:18	20:33*

*This stop is drop off only - bus returning to garage.

AM

PM

 Real Time Bus Information Available at Stops with Grey Dot